Sex education combines various scientific fields. It provides students with their basic spiritual and biological characteristics, the knowledge of friendship, love, sexual relation, marriage and family; reproductive features and scientific basis for family planning; sexually infectious diseases and preventions, etc. From this, decent behaviors could derive.

There are sex education programs currently in teacher training schools but their effectiveness is not high. The content has only been about the psychological, social, ethical and legal aspects of sex, at the expense of other important aspects. The teaching methods are not diversified and may not be really effective.

The following methods are recommended:

- Integrate sex education into the teaching of basic sciences and professional training;
- Have extra-curricular activities: clubs, writing contest of sex education, and propaganda, field trips, and consultancy service for sex related affairs.

Among these, the integration of sex education into professional training and the clubs and consultancy service on sex-related affairs may be the most effective.

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